

Celestial Fire Church

Fasting & Prayer

30 days


January 6-February 4



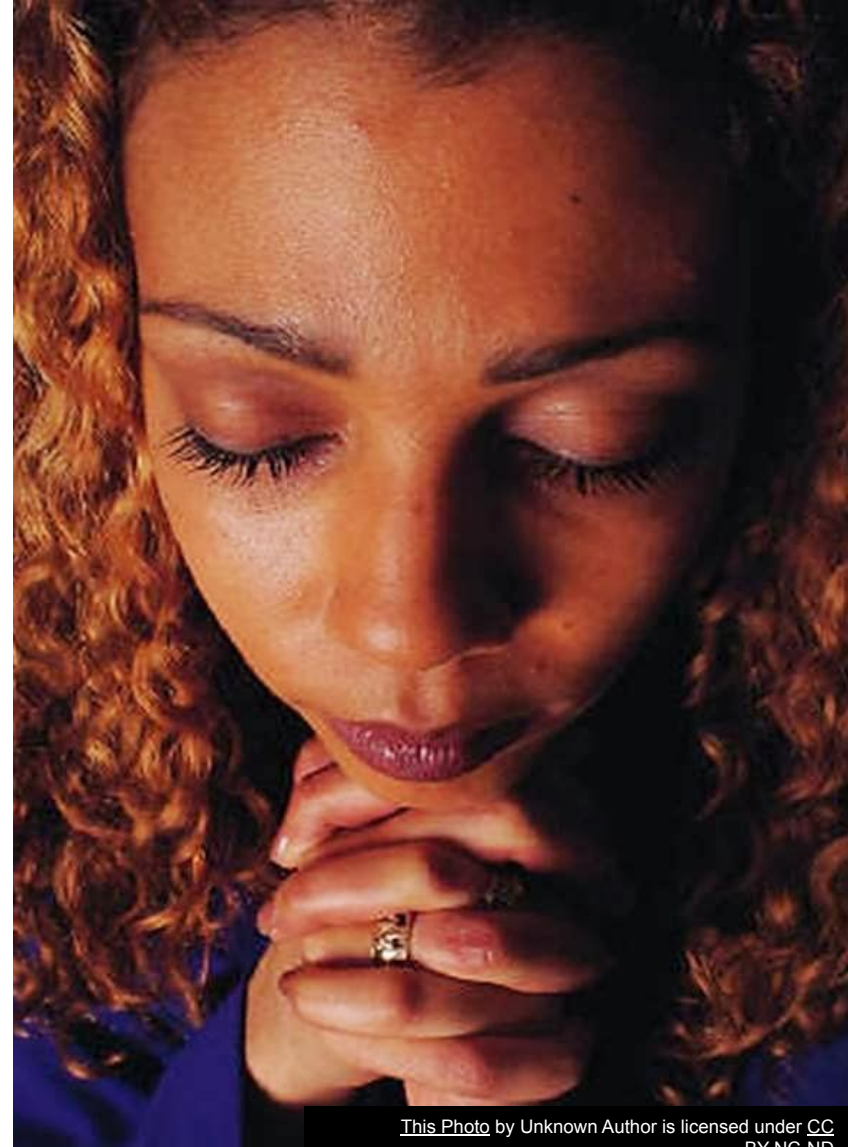
**2025
YEAR OF
SERVICE**



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Time of Prayer 1 hour



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Topics to pray

Week 1 – January 6 to 11 – For the church in general and our church Celestial Fire Church

- So we can walk in the purpose that God has for our church
- Pray for the leadership of the church (Pastors, Assistant Pastors, Ministers, Board, Leaders, Volunteers)
- Pray for the Women, Men, Youth and Children
- Spiritual Maturity and a Heart of Service
- That God will break all plans the enemy has against our church
- For a strategic plan from God to reach the goals that God has for our church
- The development of gifts and talents of the brothers and sisters so they can serve in the work of the Lord
- For Salvation of the new souls and permanence, persistence of the leaders and members of the church
- For healing of the sick, that we may witness signs and miracles in our congregation
- For our international Bishop Rev. William Hernandez, Regional Bishop Dr. Jose Martines, executive committee and Presbyters

Topics to pray

Week 2 – Jan 12 to 18 – For our Families

- Unity in the family
- For healthy marriages
- For our children to be filled with the Holy Spirit
- Salvation for our families
- That we may be an example to other families that are not saved
- For our finances
- Protection and safety by God of our families
- For the grace of God in our families



Topics to pray

Week 3 – Jan 19 to 25 – For our nation and city of Camden

- That the city be impacted by the power of the gospel of Jesus Christ
- That the church be an influence to our city
- Salvation and protection for the children and youth
- That the church can collaborate with other agencies for the spiritual, moral and social benefit of our city
- For the government of our nation and city de nuestra nación—President, Governor and mayor and their teams
- For deliverance of drug addicts,homeless, and prostitutes

Topics to pray

Week 4 - Jan 26 to Feb 4 – Other Petitions

- For God's protection in schools and teachers
- God's protection for public service workers, hospital workers, officials, etc.
- Deliverance of oppressed minds
- Deliverance from anxiety and depression
- For the security of immigrants
- Freedom of children and youth captured for human trafficking
- That God's word would continue to reach lives
- Salvation for prisoners
- Protection of God over the widows and orphans
- Other petitions





Biblical Passage

-Read the book of Proverbs

We will send each morning a reflection for the chapter of the day.



Biblical Passage

Book of **PROVERBS**

From January 6 to February 4 by
Pastors Israel & Mayra Lugo

And the Assistant Pastors:
Brother, Jose Vale
And Sister, Yamelies Delgado

a word of
encouragement

WWW.REALMOM.ORG

Fast

Different ways to fast:

- Examples of a fast:
- Fast until the afternoon and then you can eat your regular meal (after 3pm) or eat food from Daniel's fast in the afternoon
- Fasting only with liquid during the day (liquid like tea with organic honey or natural juice not sugar) until the afternoon and Daniel's fasting meal at dinner
- Fasting eating only foods allowed from Daniel's fasting

Other things you can avoid or limit yourself while you are fasting:

- Video games
- Netflix
- Social networks

Daniel's fast

FOODS ALLOWED

Fruits: of all kinds.

Vegetables: all kinds.

Legumes: All: Beans, lentils, chickpeas, beans, etc.

Grains and Seeds: All types, such as corn and its derivatives such as tortilla, wheat, oats, sesame, walnuts, peanuts, almonds, sunflower seeds, soybeans, pine nuts, etc..

Drinks: Natural water, fruit water, natural herbal tea (decaffeinated)

Daniel's Fast

FOODS NOT ALLOWED:

Seafood.

Do not eat: Meat in any way - Soy meat may be allowed

No fried meals

White flour and what is done with it. (Pasta)

Refined sugar.

Foods with high fat content, butters.

Soft drinks: No soft drink.

Desserts: No type of dessert, even if it's cookies or sweet bread.

The rules

As in all partial fasting, one eats to survive, not for pleasure. If you usually serve yourself twice during meals of the day, be prepared to serve yourself only a single portion or half a portion.

All meats, including seafood, and all food derived from an animal must be eliminated. This means that you will not eat eggs or dairy products of any kind, such as milk, cheese, butter, butter and so on.

Remove any food that is highly processed or high in fat and opt for organic or wholemeal options when possible. Under this rule, sweets, sugar, fried meals, white bread, cookies, jams and all other similar types of food are eliminated.

Drink only water. This is because many juices have a high amount of sugar and artificial ingredients. It would be better to eat the orange in place of drinking a glass of orange juice. Coffee is excluded.

Food list

The following list of meals for Daniel's fast serves as a guide to what is allowed to eat. It's not a complete list. If you want to eat something that is not listed, remember the detailed rules above.

All kinds of fruits: Apples, oranges, guineas, grapes, melons, strawberries, blueberries, cherries, lemons, star fruit, guava, peach, watermelon, raspberries, pineapple, plums, raisins, kiwi, grapefruit, figs, mangoes, etc.

All kinds of vegetables and foods: Tomatoes, asparagus, beetroot, broccoli, Brussels sprouts, cabbage, carrots, cauliflower, celery, chili pepper, cabbage leaves, corn, cucumber, eggplant, garlic, ginger, kale, lettuce, mushrooms, mustard leaves, onion, parsley, potatoes, bananas, cassava, spinach, pumpkins, sweet potatoes, avocado, etc.

All kinds of legumes: Beans, beans, peas, gandules, lentils, etc.

All nuts and seeds: Peanuts, including peanut butter, sunflower seeds, cashews, peanuts, sesame, almonds, hazelnuts, pistachios, etc.

Whole grains: Whole wheat, brown rice, millet, quinoa, oats, barley, grains, whole wheat pasta, whole wheat tortillas, rice cookies and popcorn.

Explanatory Note

- This list is not "law", it can be modified. Just pray to God as he wishes in his heart to do and may this sacrifice be for blessing and spiritual growth of his life and his own.
- A fast without prayer or biblical reading is simply a regular diet. ! Fasting involves consecration and search for God!





BODY OF CHRIST

BRINGS US INTO IN UNION WITH CHRIST AND ONE ANOTHER

We pray that in this fast your life and that of yours will be blessed in a great way and be a means of approaching God and growing in a heart of service!



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**GOD BLESS
YOU!**

PASTORS, ISRAEL & MAYRA LUGO